

**Evidenced Based Support for the
Nootropic Benefits (Brain Function, Cognition, Memory & Learning)
or
Anxiolytics (Stress & Anxiety Inhibition)
Benefits of:**

[Ashwagandha Extract](#)

[Ascorbic Acid \(Vitamin C\)](#)

[Bacopa Monnieri](#)

[Huperzine A](#)

[Pyridoxal-5-Phosphate \(Vitamin B-6\)](#)

[Pantothenic Acid](#)

[Vinpocetine](#)